

Train with TICTI in 2024

Trauma Institute & Child Trauma Institute <wp+childtrauma.com@mnbc.email>

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EMDR Therapy Training (50 CEs)

A 7.5 day training which exceeds EMDRIA's criteria for training in EMDR Therapy with 50+ contact hours over several months to support mastery.

No "Parts" or "Levels" – this is the whole package, including all required consultation hours. The training program involves lecture, demonstration, in-class practice, and on-the-job practice with your clients.

Slaying the Dragon: The Fairy Tale Model of Trauma Treatment

(6.5 CEs, 6 EMDRIA CEs)

A 1-day workshop offering advanced clinical skills for trauma-informed evaluation, treatment planning/contracting, clinical supervision/consultation, and more.

This is a hands-on clinical skills training for working with clients who have been exposed to significant trauma or loss.

Progressive Counting (30 CEs, 12 EMDRIA CEs)

Progressive Counting is a fairly new research-supported trauma treatment that is effective, efficient, well-tolerated by clients, and relatively easy to master. This is a hands-on clinical skills training for using Progressive Counting with clients of all ages who have been exposed to significant trauma or loss. This in-depth training will cover trauma theory, impact of trauma and loss, identification and assessment of traumatized clients, and directly helping clients to manage their symptoms, resolve their trauma/loss memories, and prepare to cope effectively with future challenges.

Trauma Therapy Certificate Program (59 CEs, 12 EMDRIA CEs)

9 Month program, 14 contact days for mental health professionals.

This research-supported program is designed to help participants learn and master the essential clinical skills for trauma-informed treatment with adults, children, and teens. A hands-on clinical skills training for working with adults, children, and teens who have been exposed to significant trauma or loss. This in-depth extended training will cover trauma theory, impact of trauma and loss, therapeutic relationship, self-care for counselors/therapists, identification and assessment of traumatized individuals, working with parents and other care-givers to help traumatized kids, and directly helping clients to manage their symptoms, resolve their trauma/loss memories, and prepare to cope effectively with future challenges.

Intensive Trauma-Focused Therapy (29.5 CEs, 12 EMDRIA CEs)

This workshop will outline the potential benefits and pitfalls of intensive trauma-focused therapy, review the research, and teach, in detail, how to do it. Participants will learn the step by step system for implementing intensive trauma-focused therapy, and will conduct guided/supervised intensive trauma-focused therapy with one another.

The Flash Technique (3 CEs, 3 EMDRIA CEs)

Flash is a recently developed therapy procedure that involves having the client resolve a traumatic memory without consciously engaging it. Preliminary research has found Flash to be non-distressing, safe, rapid, and effective. In this workshop, participants will learn about Flash research and theory, view a demonstration, and participate in supervised small-group practice.

Attachment and Dissociation: Assessment and Treatment

(13 CEs, 12 EMDRIA CEs)

This workshop will provide tools to both assess and work with attachment trauma and dissociation, as well as offer a structured approach to ensure client readiness and proper preparation for trauma work. Participants will be introduced to using integrative strategies such as attachment resourcing, ego states/parts work and metacognitive/mindful awareness to build affect tolerance for processing trauma and addressing dissociative barriers.

Integrating Creative Art Therapies and EMDR with Complex Clients

(13 CEs, 12 EMDRIA CEs)

Clinicians with a primary focus in EMDR are often looking for ways to deliver the EMDR protocol in more developmentally sensitive ways which feel safer to the traumatized client. We will review the therapeutic power of the arts and identify techniques and tools that will maximize the healing of clients through integration of the two approaches.

Trauma-Informed Yoga for Therapists and Their Clients

(6CEs, 3 EMDRIA CEs)

This day long workshop includes 4 90 min (6 hours total) sessions exploring foundational concepts and techniques for integrating Yoga into psychotherapy. Each session explores both practical and philosophical overlap between the practices of yoga and trauma treatment. Students will practice and learn to lead 4 gentle yoga sequences, 4 yogic breathing techniques, and 4 grounding resources for offering yoga safely and effectively to clients with trauma histories.

A Sustainable & Responsive Telehealth Model for Online EMDR

(6.5 CEs, 6 EMDRIA CEs)

Join us for this exciting full-day training on establishing or enhancing your online EMDR practice, so you can flexibly transition into a post-covid phase of telehealth.

Webinars and Book Programs

TICTI offers distance learning webinars and book programs for CE and EMDRIA credit.



headshot portrait

Ricky Greenwald, PsyD

Executive Director

Trauma Institute & Child Trauma Institute

Ricky Greenwald is the founder and executive director of the Trauma Institute & Child Trauma Institute, affiliate professor at the SUNY University at Buffalo School of Social Work, and a fellow of the American Psychological Association. He is the author of numerous professional articles as well as several books, including *EMDR in Child & Adolescent Psychotherapy* (1999), *Trauma and Juvenile Delinquency* (editor; 2002), *Child Trauma Handbook* (2005), *EMDR Within a Phase Model of Trauma-Informed Treatment* (2007), *Treating Problem Behaviors* (2009), and *Progressive Counting* (2013). His work has been translated into over a dozen languages. His current research is focused on EMDR, PC, intensive trauma-focused therapy, and the Flash technique.

Why Train with TICTI?

- TICTI is a leader in EMDR, PC, Flash and intensive trauma-focused therapy
- Our trainings are [research-supported](#) and of the highest quality.
- There are no hidden costs, the fees listed include CE's and EMDRIA CE's.



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Trauma Institute and Child Trauma Institute is an NBCC Approved Continuing Education Provider™ ACEP No. 7142



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Trauma Institute and Child Trauma Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Trauma Institute and Child Trauma Institute maintains responsibility for this program and its content.



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Trauma Institute and Child Trauma Institute is recognized by the New York State Education Department as an approved provider of continuing education for licensed psychologists, mental health counselors, marriage and family therapists, social workers, creative arts therapists, and psychoanalysts. More details can be found on our [website](#).

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